Measurement Guidelines for Lymphedema

Measurement Techniques for Lower and Upper Extremities
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Basic guidelines, general information

This measurement guide was developed according to the guidelines of the Federal Academy of Orthopaedic Technology [Bundesfachschule für Orthopädie-Technik] (Germany).

Basic guidelines for measurement techniques for lymphatic treatment

This measurement guideline is valid for all flat-knitted JOBST® product, such as Elvarex®, Elvarex® Soft and Elvarex® Soft Seamless. This is to ensure that one measuring technique is used consistently.

- Communication with the health care professional is absolutely necessary in preparation for the measurement.
- Measure accurately to the millimeter in the area of the fingers/toes; skips in the needles are possible beyond these areas in 5 mm intervals.
- Photo documentation is helpful in difficult cases.
- Do not measure in skin folds.
- In exceptional cases for purposes of contouring in the case of very soft, excess tissue and to facilitate measurement, the measurements can be taken either with the legs lightly bandaged or over the old stockings, tights, or a tube bandage!
General information: Lower extremities

Method for measuring length:
- Measurements A-F (E) are taken in a supine position; measurements G-T are taken in a standing position. The total length of the foot and the inner and outer length should be checked in a standing position.
- In the case of anatomically abnormally shaped extremities, the following can be used as a guideline:
  - Normal height for the B measurement: approx. 8-12 cm.
  - Additional measurement points: B', C and D approx. 10 cm higher in each case.
- The leg length measurements are measured vertically on the inner side of the extremities, the abdominal measurement is measured against the body, that is, following the curvatures of the body. In the case of very soft abdominal tissue, the abdominal lengths must be measured while tensioning or lifting the abdomen / buttocks.
- If there is a significant reduction in circumference (measurement under tension), an extra length allowance should be made. This should be noted for documentation purposes on a separate measurement record.

Method for measuring circumference:
- Measuring circumferences under tension should be done gently, but firmly to mimic the resistance of the edema, the limb should never be constricted. The patient’s sensitivity to pain should be taken into account.
- For follow-up documentation, it is advisable to take body measurements. This should be noted in a separate measurement record.
Measurement technique for stockings

**Circumference**

- **Left**
  - cT
  - cH
  - cG
  - cF
  - cE
  - cD
  - cC
  - cB¹
  - cB
  - cY
  - cA

- **Right**
  - Waist
  - length front
  - length back

**Length**

- **Left**
  - ℓT*
  - ℓK
  - ℓG
  - ℓF
  - ℓE
  - ℓD
  - ℓC
  - ℓB¹
  - ℓB
  - ℓY
  - ℓA

- **Right**

*Please indicate all length measurements including “length front” and “length back”.

**Foot length**

- With open toe (ℓA): ______
- Length medial: ______

- With closed toe (ℓZ): ______
- Length lateral: ______

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**Profile measuring points**

- Point ①: is the horizontal circumference from the inner to the outer malleolus.
- Point ②: is the “stirrup” or vertical circumference from the inner to the outer malleolus.

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Take measurements on edema-free extremities only. All measurements must be recorded in centimeters. The purchaser is responsible for wrong measurements or misstatements on the order form. Made-to-Measure compression garments will not be returned.
## Measurement point A

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (l)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Foot, full weight-bearing</td>
<td>All lengths should be taken medially. Open toe; straight edge: Distance from heel to webbing of the little toe (Fig. 1)</td>
<td>Closed toe: Distance from heel to longest toe (Fig. 2) Lay tape measure along the metatarsophalangeal joints. (Fig. 4)</td>
</tr>
<tr>
<td></td>
<td>Open toe; slant edge: Distance from heel to webbing of the little toe (= outer length) &amp; distance from heel to webbing of the large toe (= inner length) (Fig. 3)</td>
<td></td>
</tr>
</tbody>
</table>

- **Fig. 1**
- **Fig. 2**
- **Fig. 3**
- **Fig. 4**
Measurement point Y and P1/P2

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length ($l$)</th>
<th>Circumference ($c$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y</td>
<td>Only circumference necessary</td>
<td>Measurement over the heel and instep in dorsiflexion i.e. tendons flexed; body measurements should be taken without tension and take soft tissue projections into account. (Fig. 5)</td>
</tr>
</tbody>
</table>

**Fig. 5**

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length ($l$)</th>
<th>Circumference ($c$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>P1/P2</td>
<td>Only circumference necessary</td>
<td>Measurements should be taken from the middle of the lateral malleolus to the middle of the medial malleolus (P1) crossing over the Achilles tendon. Measurements should be taken from the middle of the lateral malleolus to the middle of the medial malleolus (P2) crossing over the sole of the foot. (Fig. 6)</td>
</tr>
</tbody>
</table>

**Fig. 6**
Measurement point B, B1, C and D

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length ($l$)</th>
<th>Circumference ($c$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>From the sole of the foot to above (proximal) the ankle (ankle, Fig. 7). Length should be taken medially.</td>
<td>Circumference measurement may be taken under tension, if indicated (ie: edema) (Fig. 7)</td>
</tr>
<tr>
<td>B1</td>
<td>From the sole of the foot to the base of the calf (see also General Information) (Fig. 8). Length should be taken medially.</td>
<td>Circumference measurement may be taken under tension, if indicated (ie: edema) (Fig. 8)</td>
</tr>
<tr>
<td>C</td>
<td>From the sole of the foot to the widest part of the calf. Length should be taken medially. (Fig. 9)</td>
<td>Circumference measurement may be taken under tension, if indicated (ie: edema) (Fig. 9)</td>
</tr>
<tr>
<td>D</td>
<td>From the sole of the foot to the head of the fibula (approximately two finger-widths below the patella, Fig. 10). Length should be taken medially.</td>
<td>Circumference measurement may be taken under tension, if indicated (ie: edema) Exception: Knee-high stocking = body measurement, if necessary with addition (Fig. 10)</td>
</tr>
</tbody>
</table>
### Measurement point E, F and G

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (l)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>E</td>
<td>From the sole of the foot to the middle of the patella (Fig. 11). Length should be taken medially.</td>
<td>Circumference measurement should be taken with the leg bent (30°-45°). Do not measure under tension. In cases of larger circumferences, these can be taken either one finger-width proximal to the back of the knee, or two finger-widths proximal to the patella. Do not lay the measuring tape into the back of the knee or skin fold. (Fig. 12)</td>
</tr>
<tr>
<td>F</td>
<td>From the sole of the foot to the middle of the thigh (Fig. 13). Length should be taken medially.</td>
<td>Circumference measurement may be taken under firm tension if indicated (ie: edema) (Fig. 13)</td>
</tr>
<tr>
<td>G</td>
<td>Thigh-high stocking measurement: Sole of the foot to below the transverse gluteal fold (including silicone band) (Fig. 14)</td>
<td>Circumference measurement may be taken under appropriate tension if indicated (ie: edema). Avoid constriction. This is the widest circumference, below the transverse gluteal fold. (Fig. 15)</td>
</tr>
</tbody>
</table>
## Measurement point $K = (K1)$, $G = (K2)$ and $H$

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length ($\ell$)</th>
<th>Circumference ($\varphi$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$K = (K1)$</td>
<td>From the sole of the foot to the crotch (Fig. 16) (according to the manufacturer)</td>
<td>Only length measurement necessary</td>
</tr>
<tr>
<td>$G = (K2)$</td>
<td>From the sole of the foot to the crotch (Fig. 16) (according to the manufacturer)</td>
<td>Only length measurement necessary</td>
</tr>
<tr>
<td>$H$</td>
<td>From the sole of the foot to the widest point of the pelvis (not needed by BSN-JOBST) (Fig. 18)</td>
<td>Measure circumference of the pelvis at its widest point, depending on the indication, generally under greater tension (Fig. 19)</td>
</tr>
</tbody>
</table>

### Fig. 16

![Fig. 16](image16.png)

### Fig. 17

![Fig. 17](image17.png)

### Fig. 18

![Fig. 18](image18.png)

### Fig. 19

![Fig. 19](image19.png)
### Measurement point T and abdomen

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (ℓ)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>From the sole of the foot to the upper edge of the tights (patient-specific) (Fig. 20)</td>
<td>Circumference of the torso (waist) is generally measured without tension (Fig. 21)</td>
</tr>
</tbody>
</table>

**Fig. 20**

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (ℓ)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abdomen</td>
<td>Length in front T - K = (K₁) (Fig. 22): Measure vertically, close to the body, from the waist to the crotch.</td>
<td>Only length measurement necessary</td>
</tr>
<tr>
<td></td>
<td>Length in back T - G = (K₂) (Fig. 23): Measure vertically, close to the body, from the desired waist level of the panty to the transverse gluteal fold</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Note: In the case of very soft abdominal tissue, the abdominal lengths must be measured while tensioning or lifting the abdomen / buttocks. In the case of larger circumferences, the abdomen should never be measured too short.</td>
<td></td>
</tr>
</tbody>
</table>

**Fig. 22**

**Fig. 23**
Measurement techniques for the toe cap

Regular options

- Opening small toe
  - 1.0 cm
  - 1.5 cm
  - 2.5 cm

Circumference

- \( c_Z \) Top
- \( c_X \) Bottom in cm

Length

- \( l_ZX \) in cm

Circumference

- \( c \) Top
- \( c_X \) Bottom in cm

Length

- \( l_ZX \) in cm

Right
Measurement point A, A1 and toes 1-4 (5)

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length ((l))</th>
<th>Circumference ((c))</th>
</tr>
</thead>
<tbody>
<tr>
<td>A (metatarsophalangeal</td>
<td>Lay tape measure distal to the metatarsophalangeal joints</td>
<td></td>
</tr>
<tr>
<td>joint of the little toe</td>
<td>(Fig. 24)</td>
<td>(Fig. 25)</td>
</tr>
<tr>
<td>over the metatarsophalangeal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>joint of the large toe)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A1</td>
<td>Lateral length: From the webbing of the little toe to the base of the instep</td>
<td>Lay tape measure distal to the metatarsophalangeal joints (Fig. 25)</td>
</tr>
<tr>
<td></td>
<td>(roughness of the 5th metatarsal)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Medial length: From the webbing of the large toe to the base of the instep</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Fig. 24)</td>
<td></td>
</tr>
<tr>
<td>Toe 5</td>
<td>Stockings should only be worn over this toe in exceptional cases (if edematous)</td>
<td>see toes 1-4</td>
</tr>
</tbody>
</table>

Fig. 24

Fig. 25

Fig. 26

Fig. 27
Basic guidelines, general information

**Basic guidelines for measurement techniques for lymphatic treatment**

This measurement guideline is valid for all flat-knitted JOBST® product, such as Elvarex®, Elvarex® Soft and Elvarex® Soft Seamless. This is to ensure that one measuring technique is used consistently.

- Rest the arm on a pad.
- Measure lengths on the flexor side of the arm when it is slightly bent and with the hand outstretched.
- During length measurements depress the thumb slightly into the patient’s soft tissue at each measuring point.
- Arm lengths can be checked, if necessary, with the arm hanging.
- In general, use slant edges (A/C-G').
- Only use a silicone band if necessary in the case of a slant edge.
Do not measure finger lengths too short; initiate brief finger treatment only in exceptional cases, but allow for treatment up to at least the middle phalanx.

For a fingerless glove with a thumb base (work glove), the glove must extend up to the metacarpophalangeal joints. That is, the length measurement (A-B) should be taken from the first flexor fold of the middle finger.

If the back of the hand is severely edematous, a one-piece product is recommended (A-G); in any case, compression pads should be used here in the area of the back of the hand.

If the forearm is edematous, an elongated glove (A-E) should be used.

Compression pads for the back of the hand should extend over the joints (do not take into account when measuring circumference) unless the patient is pain sensitive.
# Measurement point C, C¹, D and E

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (l)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>C</strong></td>
<td>In general, distal (second) wrist crease (distal styloid process) depends on the degree of edema formation</td>
<td>Measure without tension; size allowance if necessary in the case of smaller circumferences (approx. &lt; 18 cm). Important: If C measurement is too tight, edema formation at the back of the hand is possible (Fig. 28)</td>
</tr>
<tr>
<td><strong>C¹</strong></td>
<td>C¹ is in the first third between C and E, approximately 5-7 cm. (not needed by BSN-JOBST)</td>
<td>Measure without tension (Fig. 29)</td>
</tr>
<tr>
<td><strong>D</strong></td>
<td>is in the middle third between C and E, greatest circumference in this area</td>
<td>Measure on the flexor side (inner side) of the slightly bent arm Indicate length measurement of C-D In general, measure under slight tension, depending on the indication and degree of edema (Fig. 30)</td>
</tr>
<tr>
<td><strong>E</strong></td>
<td>Over the elbow and flexor fold</td>
<td>Mark measurement point in the bent elbow Determine length of C-E on the slightly flexed arm With elbow bent (approx. 45°), measure without tension and not in the flexor fold; measure somewhat more proximally, if necessary (Fig. 31)</td>
</tr>
</tbody>
</table>
Measurement point F, G and G³

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (ℓ)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>Determine length of C-F on the slightly flexed arm</td>
<td>In general, measure under slight tension, depending on the degree of edema (Fig. 32)</td>
</tr>
<tr>
<td>G</td>
<td>Determine length of C-G on the inner side of the slightly flexed arm</td>
<td>In general, measure to the brachial axis perpendicularly without any tension, depending on the degree of edema (Fig. 33/35)</td>
</tr>
</tbody>
</table>

**Fastening Options**

1. If there is a grip edge: Slant edge (only in the case of lateral elevation)
2. Skin adhesive (be aware of skin compatibility)
3. Shoulder strap
4. Bra fastening

**H** (3. shoulder strap)

Measure from G on the outer side to the top of the shoulder (acromion)

**H** (4. Bra fastening)

Measure from G to the outer side of the bra strap. Indicate width of bra strap (> 3 cm)

The following applies to BSN-JOBST:

- Measure from G-H (outer side of bra strap). Indicate width of bra strap (> 3 cm).
- Or: Measure from G to H (outer side of bra strap) minus the increase of approximately 4 cm (Fig. 35)
Measurement techniques for gloves

- **Relief Zone**
  - **5**
  - **4**
  - **3**
  - **2**
  - **Z**

- **Armsleeves Options**
  - With shoulder strap
  - With braid
  - With braid with Velcro
  - **Braid width (_____ cm)**
  - **Silicone dotted band, inside**
  - **Silicone dotted band; on top**
  - **Silicone dotted band 2, 5 cm**
  - **Silicone dotted band 3/4 cir. inside**
  - **Zipper inside**
  - **Zipper outside**

- **Elbow Comfort Zone (Class 2 only)**

- **Gloves**
  - Without finger, without thumb
  - Without finger, with thumb
  - With finger, with thumb

- **Bias end (AE only)**

- **Color**
  - Beige
  - Black (Class 1-2 only)
  - Caramel (Class 1-2 only)

- **Zipper**
  - Back of the hand
  - **Palm side**

- **Style**
  - C1
  - C

Please note:
- Position of C, D and E are identical for armsleeves and gloves. The outside measurement of the bend of the elbow will be taken into consideration by BSN-Jobs.
- G1 (bias to end) is 3 cm as a standard if there is no other requirement.
- Take measurements on edema-free extremities only. All measurements must be recorded in cm. The purchaser is responsible for wrong measurements or mistakes on the order form. Made-to-Measure compression garments will not be returned.

- **Length to be measured at palm side**
  - Thumb 1
  - Finger 2
  - Finger 3
  - Finger 4
  - Finger 5

- **Cir. Cir. Length**
  - X

- **Strap length**

- **Qt./Class**
  - Elvar ex1
  - Elvar ex2

- **Left/Right**

- **Order form**

- **Elvar ex® Armsleeves/Gloves**

- **MedicalWear®**

- **BSN-JOBS G mbH · P.O. Box 101052 · 46430 Emmerich a/Rhein**
- **Phone +49 (0) 2822/607-333 · Fax +49 (0) 2822/607-199**

- **Customer no:**
- **Purchased date:**
- **Scheme no:**
- **Patient:**
- **Customer address:**
- **Stamp:**
- **Signature:**

- **Local DC address needs to replace the PC Jobs T Emmerich address**
### Measurement point A, B, C and C¹

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length ($l$)</th>
<th>Circumference ($\phi$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>The starting point for additional length measurements is the halfway point of the connecting lines (Fig. 37)</td>
<td>Place tape measure along the metacarpophalangeal joints with the hand rigidly supported (Fig. 38)</td>
</tr>
<tr>
<td><strong>B</strong></td>
<td>Measure A-B on the outstretched inner hand (Fig. 37)</td>
<td>With the hand rigidly supported, measure straight over the metacarpus through the webbing of the thumb (Fig. 38)</td>
</tr>
<tr>
<td><strong>C</strong></td>
<td>Measure A-C on the outstretched inner hand (Fig. 39)</td>
<td>Measure without tension Revise measurement in cases of small circumferences (approx &lt;18cm). Important: If C measurement is too tight, edema formation in the back of the hand is possible; avoid increased pressure in the area of overlap with arm sleeve</td>
</tr>
<tr>
<td><strong>C¹</strong></td>
<td>Measure A-C¹ on the outstretched inner hand (Fig. 40)</td>
<td>To measure edge, measure without tension, otherwise measure as for arm sleeve</td>
</tr>
</tbody>
</table>

---

![Fig. 37](image1.png)

![Fig. 38](image2.png)

![Fig. 39](image3.png)

![Fig. 40](image4.png)
# Measurement point D, E, finger 1 and fingers 2-5

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (ℓ)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>D</strong> (elongated glove) Generally up to <strong>E</strong></td>
<td>Measure A-D inside (palmar) on the outstretched wrist</td>
<td>Measure as for arm sleeve with tension based on degree of edema</td>
</tr>
<tr>
<td><strong>E</strong> (elongated glove) to just below <strong>E</strong></td>
<td>Measure A-E inside (palmar) on the outstretched wrist</td>
<td>Measure edge without tension</td>
</tr>
</tbody>
</table>

### Measurement point

<table>
<thead>
<tr>
<th>Measurement point</th>
<th>Length (ℓ)</th>
<th>Circumference (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Finger 1 (thumb) X = proximal measurement Z = distal measurement</td>
<td>Shortest length from the webbing (X) to the nail bed (Z) Exception: In the case of closed fingers, measure to the end of the fingers (Fig. 41)</td>
<td>In general, measure to the nearest millimeter and without tension. Measure X around the first metacarpophalangeal joint of the thumb Z measurement without tension (Fig. 42)</td>
</tr>
<tr>
<td>Fingers 2-5 X = proximal measurement Z = distal measurement</td>
<td>Shortest length from the webbing (X) to the nail bed (Z) Exception: In the case of closed fingers, measure to the end of the fingers (Fig. 41)</td>
<td>In general, measure X and Z to the nearest millimeter and without tension. The X measurement should not be less than the Z measurement; if necessary, it should be made equal to the Z measurement (Fig. 42)</td>
</tr>
</tbody>
</table>

**Fig. 41**

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>Z</td>
<td>Z</td>
<td>Z</td>
<td>X</td>
</tr>
</tbody>
</table>

**Fig. 42**

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>Z</td>
<td>Z</td>
<td>Z</td>
<td>X</td>
</tr>
</tbody>
</table>
Measurement Materials

Have the following materials ready before taking measurements:

**Tape Measures:**
Two tape measures of different widths are recommended for taking measurements, depending on which areas of the extremities are being measured:

- A 0.5 cm wide tape measure or appropriate finger / toe tape measure is used to ensure measurements to the nearest millimeter in the hand and foot areas.

- A coiled tape can measure the remaining circumference and length measurements (feet, legs, possibly abdomen, hand and arm).

**JOBST® Skin Pencil**
A skin pencil is recommended for marking the measurement points. Our JOBST® skin pencils are particularly skin-compatible and are easy to remove from the skin due to their fat solubility.

**Measurement Chart**
The measurement chart is a measurement aid developed exclusively for arm sleeves and gloves. The chart allows finger lengths to be determined very easily and precisely. Moreover, the measurement aid is used for positioning measurement point G.

**Measurement Board**
A measurement board is recommended for accurately measuring the lower extremities. It is particularly convenient to take combined length and circumference measurements without marking the patient’s skin.
Elvarex® in Lymphedema Therapy

Styles and options lower extremities

Most frequent styles:

- **AD** Knee High
- **AG** Thigh High
- **AG-T** Thigh High with waist attachment (chap style)
- **AG-HT** Elvarex® one leg panty (Single leg with body bandage and leg extension)
- **AT** Elvarex® Panty (Thigh High with body bandage)

Most frequent options:

- Straight ending
- Slip form (French cut / outside higher)
- Silicone dotted band; on top
- Silicone dotted band; inside
- 3/4 silicone dotted band; inside

Width of the silicone dotted band: 2.5 cm or 5.0 cm

Further options:

- Straight foot with open toe*
- Slant foot with open toe*
- Foot cap with toes

* Open and closed toe are available

Compression Classes (CCL) / Colors:

<table>
<thead>
<tr>
<th>Style</th>
<th>CCL</th>
<th>Beige</th>
<th>Black</th>
<th>Navy</th>
<th>Cocoa</th>
<th>Grey</th>
<th>Cranberry</th>
<th>Henna</th>
<th>Graphite</th>
<th>Denim</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leg</td>
<td>1–4 super</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Foot cap</td>
<td>1–3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Addition to add colored seam at no additional cost, e.g. cranberry garment with a black seam, denim garment with a blue seam. Excludes Henna, Graphite and Denim as seam color.

The options displayed represent just an extract of the JOBST® Elvarex® assortment. Each style can be combined individually. For further information on the JOBST® Elvarex® assortment please refer to the current JOBST® product information.
Styles and options upper extremities

Most frequent styles:

- **AC** Glove
- **AE** Glove to elbow
- **CG** Armsleeve with bias top end
- **CH** Armsleeve with shoulder cap (e.g., with bra attachment with Velcro®)
- **AG** One-piece armsleeve and glove

Most frequent options for armsleeves:

- Silicone dotted band, on top
- Silicone dotted band, inside
- 3/4 silicone dotted band; inside
- With shoulder cap and bra attachment with Velcro®
- With shoulder cap and strap

Glove/Gauntlet options:

- Without fingers, with thumb*
- With fingers, with thumb*
- With zipper
- With pocket

* Individual length of the fingers and the thumb is variable

Compression Classes (CCL) / Colors:

<table>
<thead>
<tr>
<th>Style</th>
<th>CCL</th>
<th>Beige</th>
<th>Caramel</th>
<th>Black</th>
<th>Honey</th>
<th>Cranberry</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arm and Glove</td>
<td>1-2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Arm and Glove</td>
<td>2-Forte</td>
<td></td>
<td>N/A</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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JOBST® Elvarex®: Functional Zones for perfect wearing comfort and targeted compression

Functional Zone “Bias top end”
Available as:
- All compression classes (CCL1 - 2 Forte)
- Exception: not available for “single piece hand/arm”

Functional Zone “Elbow Comfort Zone”
Available as:
- CCL 2
- Exception: not available for “single piece hand/arm”

For details of additional garment versions, please consult our special styles and options catalogue.

Functional Zone “Top Comfort Zone”
Available as:
- B'G, BG, CG, AG, AT
- Pressure panty Elvarex® (body bandage), Bermuda, Capri pants, stump stockings (ST)

Functional Zone “Pressure Panty Elvarex® (body-bandage)”
Available as:
- Body bandage: CCL 1-3 Forte
- Corresponding leg stockings available in all CCL (1-4 Super)

Functional Zone “Knee Comfort Zone”
Available as:
- CCL 2 - 3

Functional Zone “T-Heel”
Available as:
- CCL 2 - 3 Forte

Functional Zone “Slant Foot”

For more information, please contact Customer Service at 1-800-537-1063

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Please refer to the product label and / or package insert for full instructions on the safe use of these products.